

www.heguruacademy.com

Unleash The **Genius** In Your Child



March 2019

Dear Parents,

We are excited to see what March will bring.

In this time, I would like to encourage all the parents to continue the stimulation activities at home after school. As we know, early childhood brain stimulation is very important for expanding their brain capacity. Simple play activities that stimulate the brain can help to improve their abilities to think and communicate.

To equip us better about how to improve their ability for learning next time, we have an upcoming seminar about the effect of technology to our lives and our children as well.

Hence, due to limited seats, I would like to encourage all of the parents out there to reserve your seats early.

Feel free to ask our staffs for the details about the seminar.

Warmest Regards,
Mr. Suryanto Lim



Announcement



 **Heguru**
Open Booth

Edu X Mart Exhibition
"A Rising Star"

21-24 March 2019

Lippo Mall - Puri Indah



Articles



HOW TO TALK TO CHILDREN SO THEY LISTEN

Do you find yourself endlessly repeating a request to your child, only to receive no response at all? Exasperated, your request morphs into constant nagging until finally you resort to "If you don't do what I say now the consequences will be dire!" Nobody ends up feeling great about themselves and the cycle merely continues.

Put yourself in your child's shoes for a moment. Just like you, they have their own preoccupations, concerns and priorities. Think about it – would you like to be interrupted in the middle of a favorite activity, your concentration broken, your sense of enjoyment shattered, because someone intrudes into your space demanding you do something there and then?

Children pass through numerous milestones as they develop. They are bombarded continuously with millions of stimuli; there's a great deal to take in. When they blank out and switch off, or if they need extensive coaxing to move from time to time, it's hardly surprising!



Articles

What sort of language do you use when speaking with your child?

Is your tone authoritative and demanding, tolerant or indulgent? When you ask your child to do something is it really necessary at that moment or is it more about your need for control? And how do you react to certain behaviors in your child? Do you mete out punishment if they do not listen? Or are you exceedingly liberal?



1. Positive communication

Do you find yourself shouting at your child from another room – “Turn off the TV!”- Instead of going up to him, getting down to his level to gain his attention and modelling the positive communication you would like in return? Try doing this next time.



**Articles**

2. Let all expectations be known

Calmly state your expectations from the outset, keeping explanations short and simple, using one or two-word reminders later if necessary. "Teeth please!" With some simple routines and clear instructions in place, given time, your child will understand what's expected of him.

3. State the facts and offer other options

Empower your child with facts and realistic options that allow her to make independent choices that lead to positive learning experiences, rather than unattainable goals. For example, if the bedtime routine is bath – teeth cleaning – story time, but your child repeatedly wants to skip straight to the story, offer her a choice that she can reasonably figure out herself. "Ok, you don't have to bathe or clean your teeth tonight, but that means no story too. Or you can enjoy the story as soon as you've had a bath and cleaned your teeth.

What would you like to do?"

4. It goes both ways

Good communication is a two-way process. Stop what you are doing when your child talks to you and listen to what he has to say. Model good listening if you want him to do the same! If you want to communicate better with your child it may mean changing tack.

As you find an approach that results in a greater balance of mutual listening and talking, you'll find you gain the rewards of mutual trust and respect in the process.

Source: <https://thenewageparents.com/how-to-talk-to-children-so-they-listen/>



Testimony

Heguru®

family
*Isabella*2 years 3 months old
Joined Heguru: June 2019

Bella starts with Heguru since she was 1 year and 7 months old in 0-1 years old class. Actually, in the beginning we were not sure about Heguru right brain education and to cut the long story short we just wanted to try for 6 months.

After joining Heguru, we start learning to use flash cards and some puzzles, like iroita in our daily play with Bella. We are quite amazed with her progress because before she turns 2 years old, she can finish the puzzle by herself. We cannot believe it. She does it perfectly and very fast.

On the next day, we bought her a more complicated set of puzzle. By showing her once on how to solve the puzzle, she straight away can solve it. That's why we also believe that her memory has improve tremendously.

We are very glad with the teachers in the class as well as they teach with high professionalism. With the great result we see in Bella, we always encourage our friends to join Heguru!



HEGL JAPAN

2019年 2 月号

PREMIUM EDUCATION HEGL EDUCATIONAL GENERAL LABORATORY



HEGLTSUNSHIN

ヘーグル通信

発行所：HEGL 遠見総合教育研究所 毎月発行 第27巻 第2号 通算266号

日本と海外の
壺萬会生が
再び集結して
切磋琢磨して
新たなステージへ！
壺萬会生は回を重ねるごとにパワーアップ！！

2018.12.9
第76回
壺萬会セミナー



タイとシンガポールの壺萬会生が来校し
合同壺萬会セミナーを開催しました！



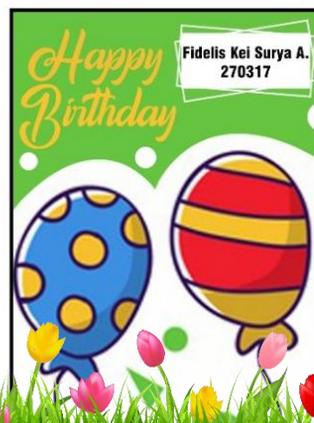
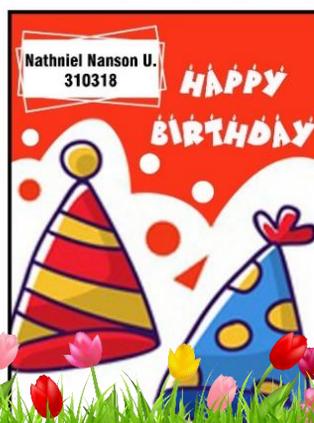
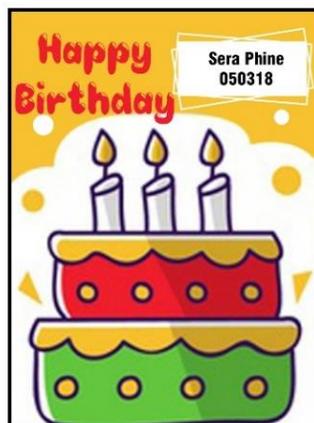
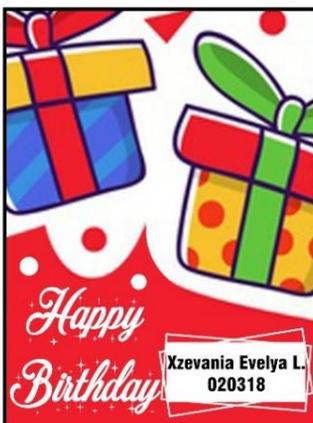
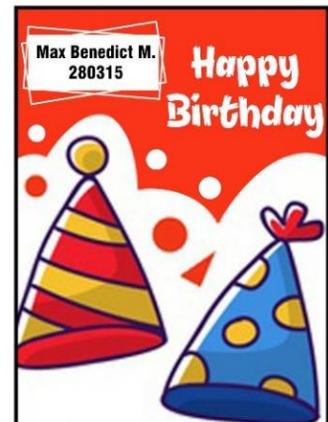
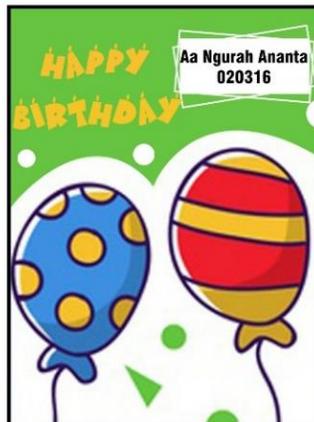
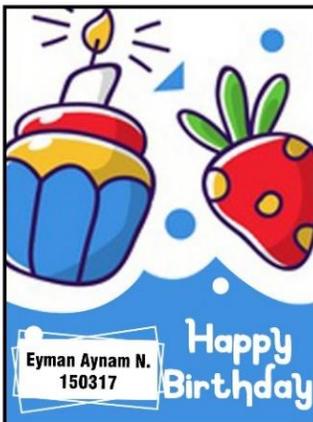
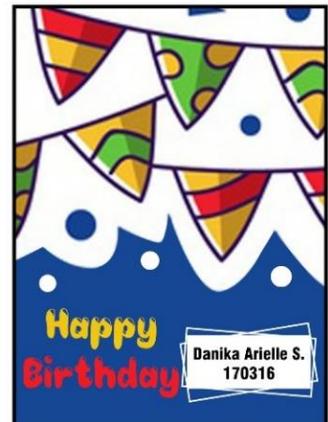
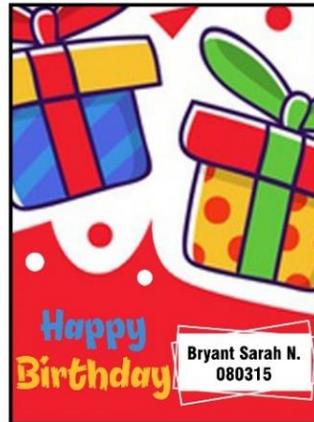
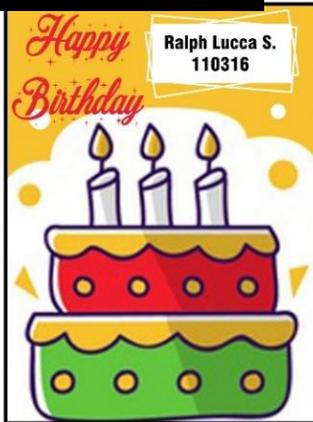
2018.12.26-29
第63回
P&AD海外研修

壺萬会生は回を重ねるごとにパワーアップ！！
切磋琢磨して新たなステージへ！

WE KEEP ON ENCOURAGING OUR STUDENTS TO KEEP ON EXCELLING TO THE NEXT LEVEL.



Birthdays of the Month



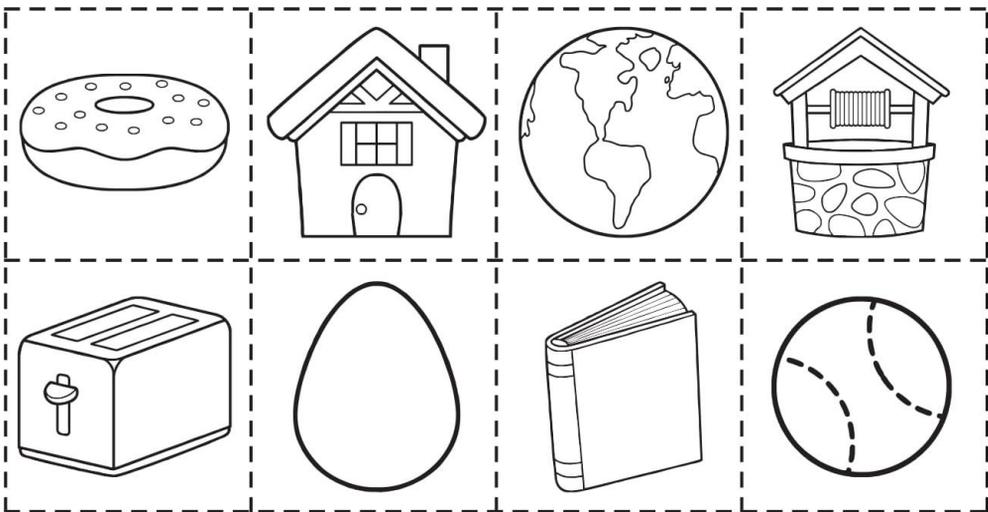


Activities Page

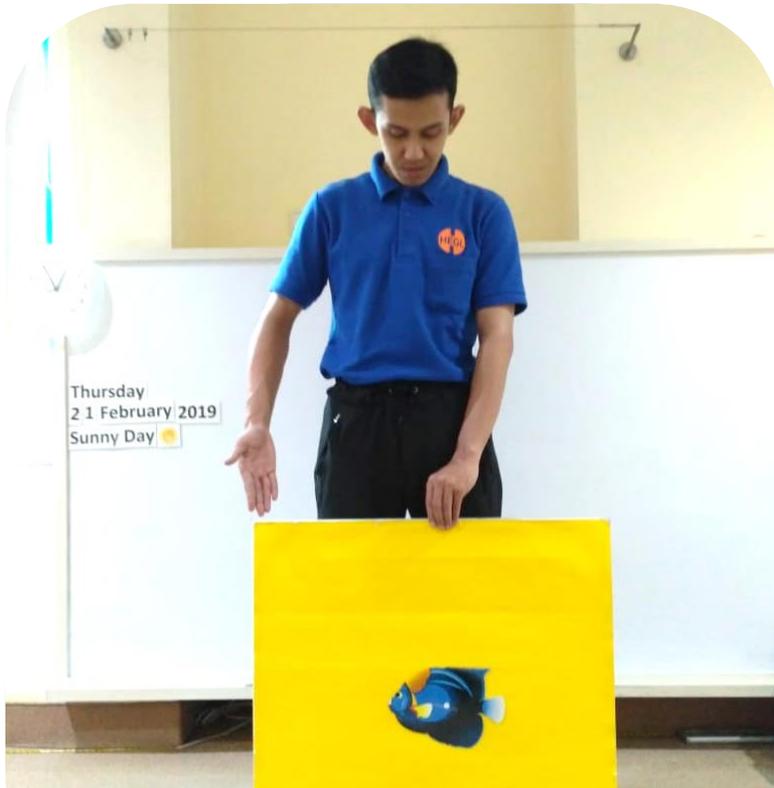
Cut and paste the pictures in the correct category.

objects <u>with</u> sides	objects <u>without</u> sides
---------------------------	------------------------------

--	--



Materials Knowledge



REMAIN IMAGE

Some of Heguru activities use a lot of imagination. *Remain Image* is one of our methods which aim to train children imagination. When doing this activity, teacher give 3 steps of instruction:

1. Imagine the picture
2. Imagine the picture as big as the card
3. Imagine the picture as big as the class room

Children may see any image on their mind. It can be black and white or colored image. It can also be static or moving image.

Doing this kind of activity is to help children to be more creative. Moreover, if children has strong imagination it will be easier for them to do the other activities in the class, such as dot bar, memorization activities (memory card and number memory), puzzles, etc.



Curriculum

March Journey

0

to

1

Year Old

LITERACY

- Finding letter A and B in your daily life
- Mention words start with letter A and

KNOWLEDGE

- Introducing islands in Indonesia
- Learning about Aseans' Flag
- Learning about floating object
- Introducing family members

NUMERACY

- Learning time by using clock

- Counting by using shapes
- Learning about half-shapes

MOTOR SKILLS

- Folding paper in half
- Folding paper in quarter

MEMORY

- ESP games (Psychokinetic) guessing object in a box
- Memorizing rough texture

2

to

3

Years Old

LITERACY

- Finding letter A, B and C in your daily life
- Mention at least 10 words start with letter A,B, and C
- Reading and spelling name

KNOWLEDGE

- Mention large islands in Indonesia
- Learning about Flags of Asean
- Mention 10 floating objects

NUMERACY

- Counting shapes
- Counting dots
- Learning about addition and complementary by 5 ($5 + __ = 6$)

MOTOR SKILLS

- Cutting paper by using scissors into half

LITERACY

- Mention words that end with letter A
- Mention words that end with letter B
- Spelling your own name
- Spelling 3 syllable words

KNOWLEDGE

- Mention large islands in Indonesia
- Recognizing and remembering flag of Asean

- Mention 10 floating objects
- Mention 10 sinking objects

NUMERACY

- Understanding concept of time
- Doing addition with 2 digit numbers eg. $20 + 1 = ____$ using dot bar

MOTOR SKILLS

- Cutting paper in half
- Cutting paper in quarter.

4

to

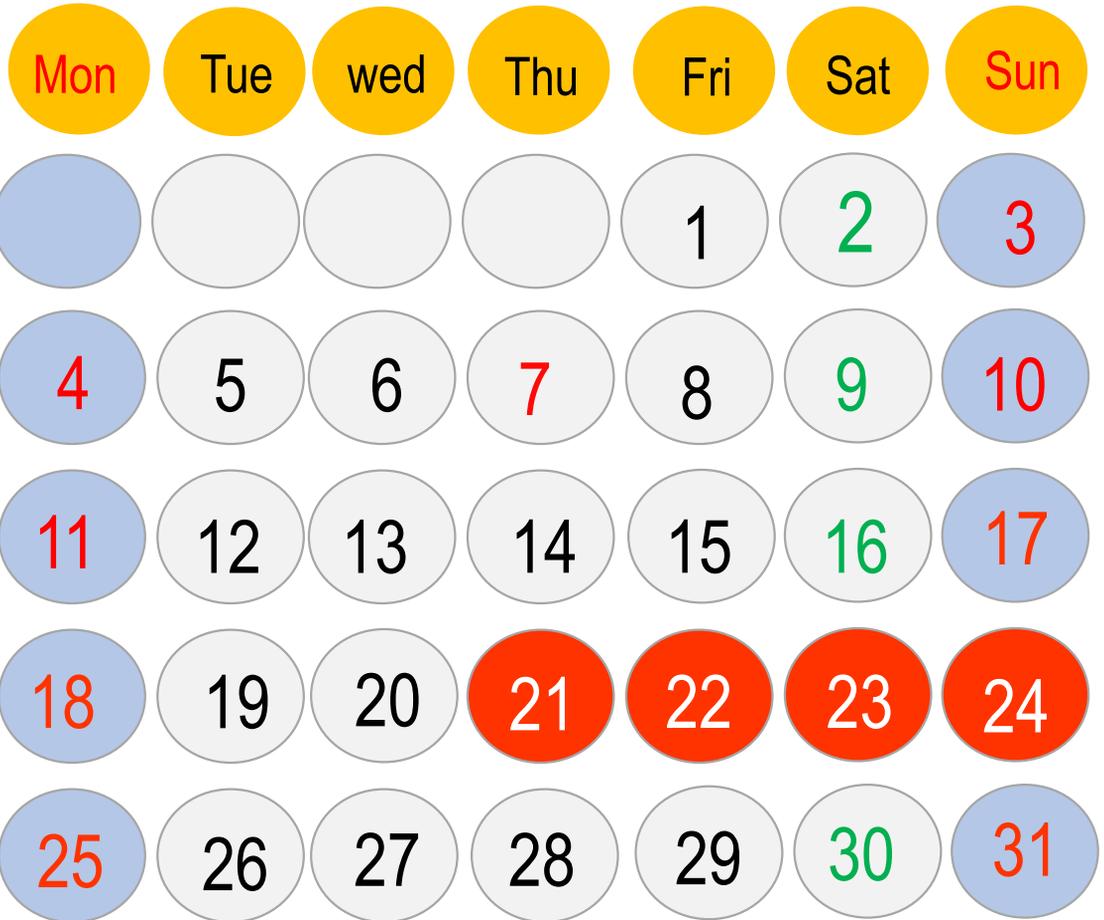
6

Years Old



Calendar of the Month

March



Dates to Remember

7 March

Nyepi Day

21 – 24 March

Heguru Open Booth at Lippo Mall Puri

Every Friday at. 3.00 pm

Brain Tour 101
– Introduction of Heguru Program

Every Saturday at. 4.30 pm

Brain Tour 101
– Introduction of Heguru Program

