

[www.heguruacademy.com](http://www.heguruacademy.com)

## February 2019

### Unleash The **Genius** In Your Child



Dear Parents,

It is hard to believe that we are already in the second month of this year, and I sincerely hope that this newsletter helps keeping you abreast of all that is happening at HEGURU.

February is another busy month, and we will continue to build what is considered important for our students' knowledge. Let's continue to work together to create a safe and supportive environment in which all students can pursue great learning experiences and fulfill their unique potentials. To equip parents with deeper understanding of Heguru method, there will be an **upcoming seminar**. Please approach Heguru staff for more details.

I am looking forward to another fruitful year for our students. Our staff is eager to work closely with you as partners in your children's growth and development, so please feel free to approach your child's teacher to see how things are progressing.

Last but not least, thank you for entrusting us with your precious children who make HEGURU such a wonderful place to be at every day!

Warmest Regards,  
*Mr. Suryanto Lim*



Announcement



Chinese New Year

Promo

5.2.19



**50% + 2**  
Registration Fee\*\* mini flash card\*

Period 1 – 16 February 2019

\* Mini flash card special Edition

\*\*T&C Apply



## Articles

# 3 Superstar Tips for Starting the School Year Off Right

*Start the school year off by being more organized, ready, and happier than ever!*

Whether we like it or not, the new school year is quickly approaching. Before long, our worlds will become a flash of paper, pencils, and backpacks. We'll be racing to the bus stop, zipping our kids to and from activities, and plowing through homework.

Life moves quickly during the school year. It's busy. It doesn't slow down, and there's no rest for the weary.

So before we start this wild ride, it's worth mentioning that as families, we really should set the stage for school year success from day one. And we can.

Here are three superstar tips for starting the school year off right. Three tips that will hopefully guide your family into good habits which will lead to strong students and happy parents.

## 1. Find a place for everything.

From the time kids leave the house in the morning until the time they rest their tired little heads on their pillows, they need to know where every single shoe, lunchbox, backpack, and school paper belongs. Find and clearly label "homes" for each item, and reinforce from the outset that each child is responsible for putting everything in its place.

If, when kids come home, they place their coats, hats, and shoes in the same place and hang their backpacks on the very same hook and place their lunchboxes on the very same countertop, the likelihood of anything being lost lessens. And goodness knows that not being able to locate one of these items on a school morning means chaos. Especially if you're running late (which we usually are).



**Articles****2. Form school-happy habits.**

From day one, start a routine that is both conducive to an "early to bed and early to rise" life and manageable for your family.

Consider:

- Packing backpacks and lunches the night before a school day.
- Setting clothes out in the evening for the next day.
- Having children get dressed for the day before they eat breakfast so that they're ready to roll as soon as they eat.
- Doing homework together, as a family, at the same time each day.
- Starting homework right after school or right after dinner so there's enough time to complete it.
- Looking at the next day's schedule while everyone's together at dinner or bedtime.
- Creating a "head to bed" time that will be reinforced every night by every family member. This will initiate the bedtime routine and move everyone to shower, get pj's on, read, and hit the sack.



**Articles**

### 3. **Communicate early and often.**

And with every involved party: your kids, the teachers, administrators, specialists, friends, parents -- you name it. Talk to them. And be willing to listen to them as well.

Write each teacher a quick email early in the first month of school introducing yourself and sharing your excitement for the new year. Ask how you can help support him or her from home or in the classroom. If your schedule allows, find time to volunteer in the classroom as often as possible.



Connect with other parents. Talk to them about how they think the year is going, and make an effort to maintain a positive outlook. Set up play dates for your child with his or her friends and, before or after these play dates, chat with parents.

Talk to your children each and every day. Keep in mind, talking to them is listening to them, too. Ask questions but be willing to hear the answers.

School is such an important time for children—and a great time for families to support each other. Let's make this school year a success from the beginning!

Source: <https://www.scholastic.com/parents/books-and-reading/raise-a-reader-blog/3-superstar-tips-starting-school-year-right.html>



## Testimony

# Heguru®

## family

*G. Emma R.T.*

21 months

Emma started to join HEGURU since she was 6,5 months old. We notice that she has improved a lot, like she loves flash card and books, she also very mature now (for her age).

She joined baby class at another school when she was 1 year old and she can pay attention to the teacher with high concentration. We could even left her alone with the teacher without our company, started from the 1<sup>st</sup> day she joined the class. She can also comfort he friends who cried in the class and very creative on problem solving.

Based on her pediatric opinion, her pragmatic skill is very good (copying others people act), and we think this is because her Right Brain was stimulated very well from Heguru classes!



HEGL JAPAN



たくさんの保護者の方が  
見守るなか元気に  
発表してくれました！

2019年、ヘーグルはより高い水準の 教育を提供します!! 今年も親子で一緒に右脳開発！目に見える成長をお約束します

**In 2019, HEGL JAPAN will provide higher standards of education!  
Also this year we will develop right brain training together with parents!  
We promise visible growth!**



も出ていました。  
また、同世代のお友だちの発表は子どもたちや保護者の方にとっても、非常に刺激のある場になったのではないかと想います。このような機会があることで子どもたちのアウトプット力は定着し、更なる記憶の回路のステップアップにつながっています。  
子どもたちのモチベーションを上げるためにも、日々のトレーニングを楽しく続けることがポイントです。発表会という素晴らしいステージが子どもたちの更なる成長を促します。来年度も発表会の開催を予定しておりますので、ぜひご参加下さい。

参加された方の感想

たくさんのお友達(子どもたち)を見て、嬉しそうに楽しんでいる姿を見ることができて、とても嬉しかったです。また、同世代のお友だちの発表は子どもたちや保護者の方にとっても、非常に刺激のある場になったのではないかと想います。このような機会があることで子どもたちのアウトプット力は定着し、更なる記憶の回路のステップアップにつながっています。  
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娘も兄さんの水物さん(年中さん、年中さん)の発表する姿を見て、新しい目標、お手本になったと思います。発表会に参加することにより成長できたと思います。(3歳女子×母様)

先生の指導のおかげで親子共々、楽しかったと思います。おかげで入会して2ヶ月で本人が発表会に出ることができて、とても嬉しかったです。本人の成長が実感できて、とても嬉しいです。これからも頑張ります。(3歳女子×母様)

本人の発表の機会としてもお役にたかっただけでなく、年が近いお友達との交流もできて、とても嬉しかったです。また、同世代のお友だちの発表は子どもたちや保護者の方にとっても、非常に刺激のある場になったのではないかと想います。このような機会があることで子どもたちのアウトプット力は定着し、更なる記憶の回路のステップアップにつながっています。  
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娘の頃から人前で何かを話せば、何も出さず...という経験が発表することでもなくなって、年長になりようの頃には、もう発表が得意になりました。前回の発表会で話したお友達の子のお友達も中国は言葉の発表する場になることを感じてくれたことができて、とても嬉しかったです。これからも頑張ります。(5歳男子×母様)

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Birthdays of the Month

# HAPPY BIRTHDAY

Cyril Kenzo SA.  
14-Feb-2014

Sebastian  
Kingsley S.  
8-Feb-2016

Zoe Abigail S.  
27-Feb-2015

Jane Abigail  
Bongso  
17-Feb-2016

Giselle Kivhanna  
Ungkaputri  
17-Feb-2014

Mason Oswald  
Purnama  
3-Feb-2016

John Matthias  
Ong  
24-Feb-2017

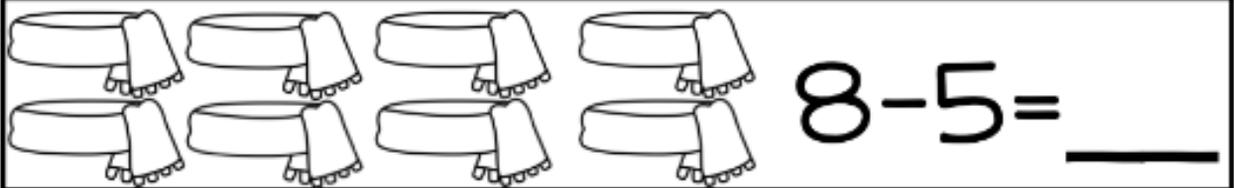
Askara Gayatri  
Andira  
20-Feb-2017

Arkadiusz Ilkhay  
Huang  
4-Feb-2017

## Activities Page



Solve the subtraction by crossing out the numbers to be subtracted. Write the answer on the line!



## Materials Knowledge

### LIGHT BULB TRAINING

*Light bulb* training aims to increase the power of imagination of children. Heguru uses light bulb as a tool for children to see variety of colors from the light. The type of light bulb that we use is 100 watt yellow light bulb. Why does Heguru use light bulb as the tool?

Children's commonly has interest on the light which is produced from the light bulb. They actually can see any colors on their mind when they stare at the light bulb. Train children to imagine the colors can strengthen their brain and encourage them to be more creative.



## Curriculum

## February Journey

**LITERACY**

- Writing words
- The name of fingers and toes
- Categorizing things base on the senses

**KNOWLEDGE**

- Tearing paper using thumb and index fingers
- Learn about life cycle of butterfly
- Name the fish
- Learn about consolation (Cassiopeia)

**NUMERACY**

- Learn odd and even numbers
- Measuring height

**MOTOR SKILLS**

- Open and close bottle lids, door and box

**MEMORY**

- ESP games (Tactile)
- Memorizing solid texture

0  
to  
1

Year Old

2

to

3

Years Old

**LITERACY**

- tracing letters
- Writing name of fruits
- Play with words puzzle

**KNOWLEDGE**

- Learn about life cycle of butterfly
- Name the fish
- Learn about consolation (the Little dipper)
- Learn about plants that grows upper ground and under ground
- Mention 10 kinds of Dinosaur

**NUMERACY**

- Learn odd and even numbers
- Showing numbers to child and ask what number is that
- Learn about the most and the least ( 3 & 10, which one is the most and which one is the least?)

**MEMORY**

- ESP games (Tactile)
- Play with memory cards

**MOTOR SKILLS**

- Tearing paper using thumb and index fingers

**LITERACY**

- Writing your own name
- Writing name of fruits
- Play with words puzzle
- Writing difficult words ( stationary, hippopotamus,protoceratop, etc)

**KNOWLEDGE**

- Learn about life cycle of butterfly
- Name the fish that life in fresh water
- Learn about consolation (the big dipper)
- Learn about plants that grows upper ground and under ground
- Mention 10 kinds of dinosaur

**NUMERACY**

- Learn odd and even numbers
- Measuring height
- Counting by 2
- Learn about money
- Play how many ( the amount is 6 )
- Ask them to write number based on parents instruction (random number)

**MOTOR SKILLS**

- ESP games (Tactile)
- Play with memory cards

**MEMORY**

- Tearing paper using thumb and index

4  
to  
6

Years Old



Calendar of the Month

# February



Mon	Tue	wed	Thu	Fri	Sat	Sun
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28			

## Dates to Remember

5 February	Chinese New Year
15 and 16 February	Brain Tour 102 - Understand Heguru Method Deeper
27 February - 2 March	'I Graduate' Day
Every Saturday at. 4.30 pm	Brain tour



Attachment



Our December class was full of excitement. We had to clean the snow using super tiny shovel. We also made little souvenir for our mom to celebrate “mothers day” and the activity we love the most was learning how to take a bath. 😊



Attachment

