

www.heguruacademy.com

Unleash The **Genius** In Your Child



December 2019

Dear Parents,

December is here! Soon we will say good bye to the year of 2019 and say welcome to 2020. 2019 has been a fulfilling year for all of us here. We hope that this year has been filled with lots of blessings and happiness for you and your family also.

Hopefully, during 2019, we have learnt many new skills and knowledge to develop and grow as parents. We also hope that you have taught your children important lessons and values of life that will have a long-lasting effect for their future.

Realizing the important role of parents, we understand that it's not easy being a Mom these days. Mothers are constantly challenged with so many daily issues that they have to juggle between being a good wife, an excellent mom and a good worker in the office too. We are aware that being a mother in this decade is very demanding and difficult. Therefore, Heguru Academy would like to take this opportunity to give an appreciation to all the mothers out there who carry many responsibilities from morning until the late nights. From the bottom of my heart, thank you for taking care of your kids and families, and yet you still put a big smile on your face.

On behalf of Heguru Academy, I would like to wish all mothers: "A Very Happy Mother's Day". We appreciate and salute to all mothers!

Last but not least, we would like to take this time to wish all of you a wonderful holiday season. We wish you all the warmest Merry Christmas ever in 2019 and a wonderful New Year of 2020. May success and blessings be upon you all for the new year to come. Have a blessed family time.

Warmest Regards,

Mr. Suryanto Lim



PROMO!

up coming

2020

**20 LESSONS
FREE 2 LESSONS**

**More information:
0878 7608 6500**

***Terms and Conditions Apply**

Event

HAPPY FATHER'S DAY

13-16 November 2019



Event

HAPPY FATHER'S DAY

13-16 November 2019



Articles

DIY Ways to Keep Your Toddler Entertained on Holiday

The year-end holidays are fast sneaking upon us and this spells vacation time! And as you might already know, planning a holiday for a family with kids is a whole different ball game from what it was like before those little bundles of joy came along.

If you have a toddler coming along for the ride, you might be worried about how you are going to keep those fidgety fingers occupied during the long stretches of waiting – for example, on the flight, when waiting for meals in restaurants, or when you want to get some shopping done on the trip.

With older children, a book to read or drawing materials might do the trick, but for toddlers with their limited attention span and inability to read or write yet, it can prove quite a headache for the parents to keep them entertained. Well, as they say, where there is a will, there is a way!

Here are a few fun ideas we found that might help you keep Junior happy AND ensure your family has a happy holiday!

1. Busy Books

Sometimes called a “Quiet Book”, the aim is to keep your toddler engaged in various kinds of activities that occupy his mind and his hands. Many of these activities can also be great for training hand-eye coordination and introducing shapes, colour and letters. Since store-bought equivalents are generally quite expensive, here's a great tutorial for you if you'd like to make one for your child. Try it and have fun!



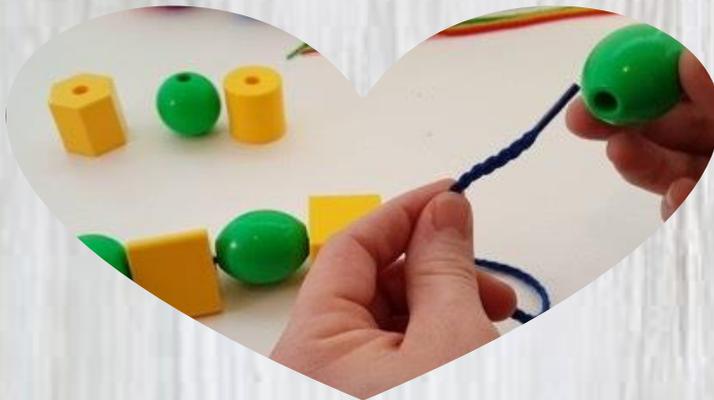
Articles

2. Beads & String

Threading beads is a fun way to pass the time, and it has lots of other benefits too! Children need to grasp and manipulate the string and beads of various sizes, which strengthens the small muscles in their hands and develops their pincer grip – an essential prerequisite to learning to write.

It also requires them to work on their visual perception of depth and distance – the string needs to be brought to exactly where the hole of the bead is – and trains them to focus or concentrate on repeating one action for a longer stretch.

Last but not least, threading beads is a great way to encourage creativity in pattern making and even reinforcing the skill of counting with your child. You can find lacing bead sets in most major toy stores or online, or use various kinds of coloured pasta to substitute for beads.



3. Play with Dough

We know, no parent relishes cleaning up after your child has played with play dough, so here are a few suggestions to make this work!

#1 Make your play dough

The standard dough found in toy stores, e.g. Play Dough, tends to be stickier because it is responding to the humidity and moisture in the air. If you make your own play dough, you can add more flour to the mixture to make it more manageable and less sticky. Since the dough is cheap and easy to make, you can even bring separate zip lock bags of dough on the trip!



Articles**#2 Bring along a tray**

Trust us when we say a simple plastic tray is a lifesaver to bring along on holidays with a toddler. They're great for containing little messes and easy to clean, pack up and go!

4. Slot Machine

When we learnt of this idea on busytoddler.com, we were floored by how simple and doable it is! Simply get a small box – one of those single-serving cereal boxes is good enough – seal it up and cut a slit at the top. Then give Junior a stack of cards to slot into the box, one at a time. You can start them off with a stack of UNO cards or small squares of coloured paper.

“Take it up a notch for older kids by having a few slits on the box, and have them organise different cards in appropriate slots. e.g. one slot for the red cards, one for blue, etc.



Articles

5. Rubber band Roll

Last but not least, here's another idea that's great for developing your toddler's hand muscles and hand-eye coordination! And all you'll need is a long cardboard tube, like the kind that comes in your kitchen towel roll, and a bag of rubber bands. It sounds easy but it is more challenging than it seems for their little hands. Let the kiddos give it a shot!



Source:

<https://thenewageparents.com/diy-ways-to-keep-your-toddler-entertained-on-holiday/>

JAPAN'S UPDATE



小学部見学

小学部は非常にレベルの高い授業が行われており、代表が作るスピード感ある授業に海外の講師たちはとても感心していました。自国の生徒たちも日本の生徒たちのような高い能力を持った子に育てると意気込んでいました。

代表の超高速フラッシュカードは圧巻です!!

ヘーグルの小学部は多彩な教材を使うのももちろん、元と言も使って五感を刺激します!



生徒たちの姿に先生たちは喜び!!



SEPTEMBER 2019,

Lecturers from Japan and overseas gathered for instructor training.

Testimony

Heguru[®] family

*Sharon Araya
Thanapornsombat*



Joined Heguru:
August 2017

Mr. Siriwit Thanapornsombat & Ms. Tjew Linda

Hi, Sharon joined heguru since April 2018, when she was 7 months old. As parents, we are glad to let her learn in Heguru because we know that babies right brain growing rapidly during their first two years.

A very good memory is what we observe in Sharon after attending Heguru. We like to play flash cards and read books. She can easily memorize animals, colors, shapes and etc.

For some of books that she likes, she could also memorize the last words of sentence.

Linguistically, she is very fast in picking up new vocabulary. We use English, Mandarin and Bahasa at home; and she is able to separate those languages in her verbal output. She is not confused at all when we communicate with her using those three languages.

Now she is 2 years old. She is able to make 1 full sentence and she is more active physically, like singing, dancing and expressing her mind out, which sometimes surprise us.

Thank you Heguru!

Birthdays of the Month

Adanna Putri
17 Dec 2017

Christopher D J
12 Dec 2017

Cecilia Silas
02 Dec 2015

Diya Hitesh
1 Dec 2014

Dann River
13 Dec 2013

*Happy
Birthday*

Dann River
13 Dec 2013

Eleanor G.
29 Dec 2017

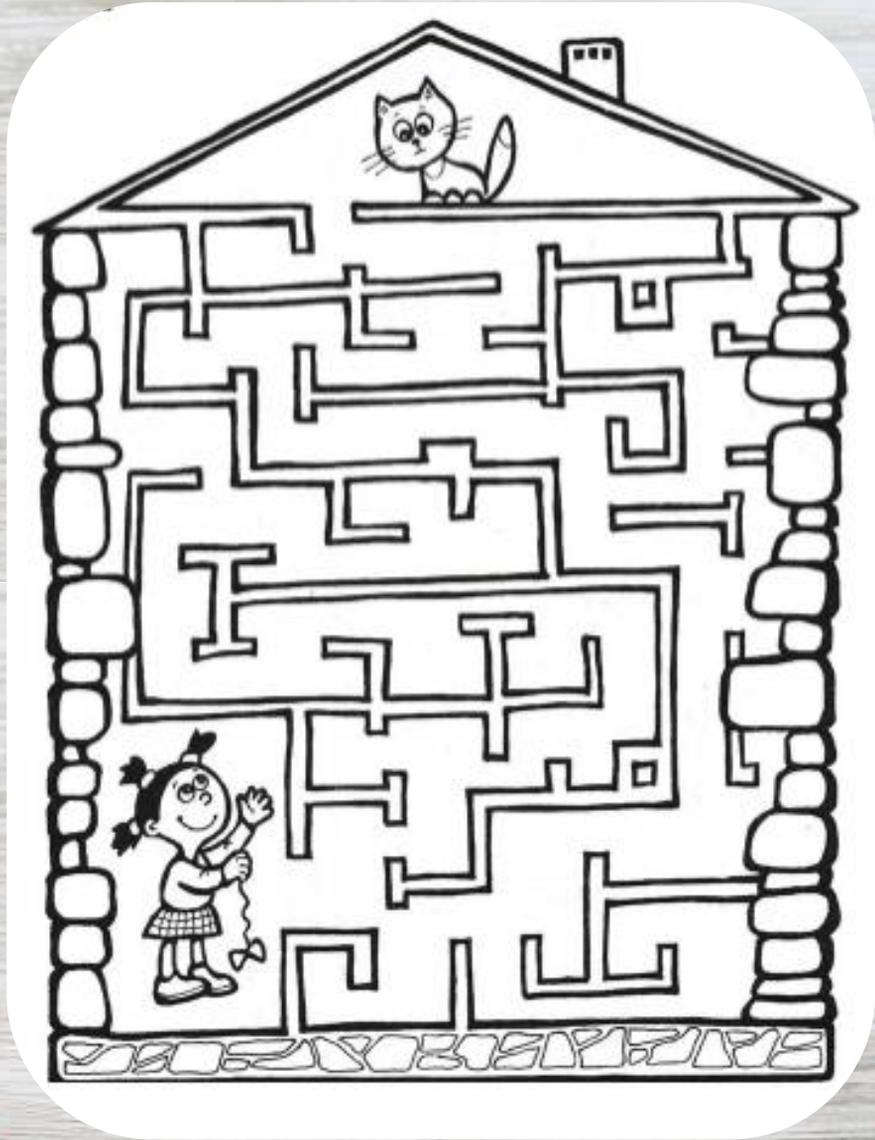
Jason Halim
4 Dec 2017

Tiffany Gracia
21 Dec 2013



Activities Page

Help Anna to take her cat
at the roof top!

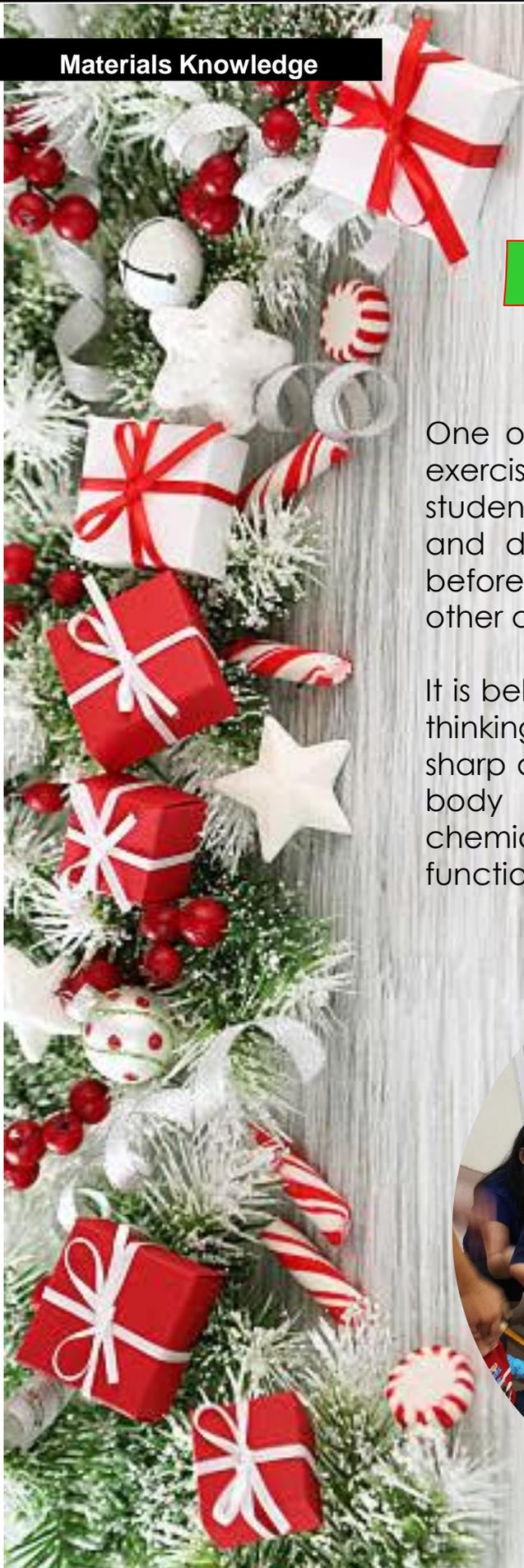


Materials Knowledge

EXERCISE

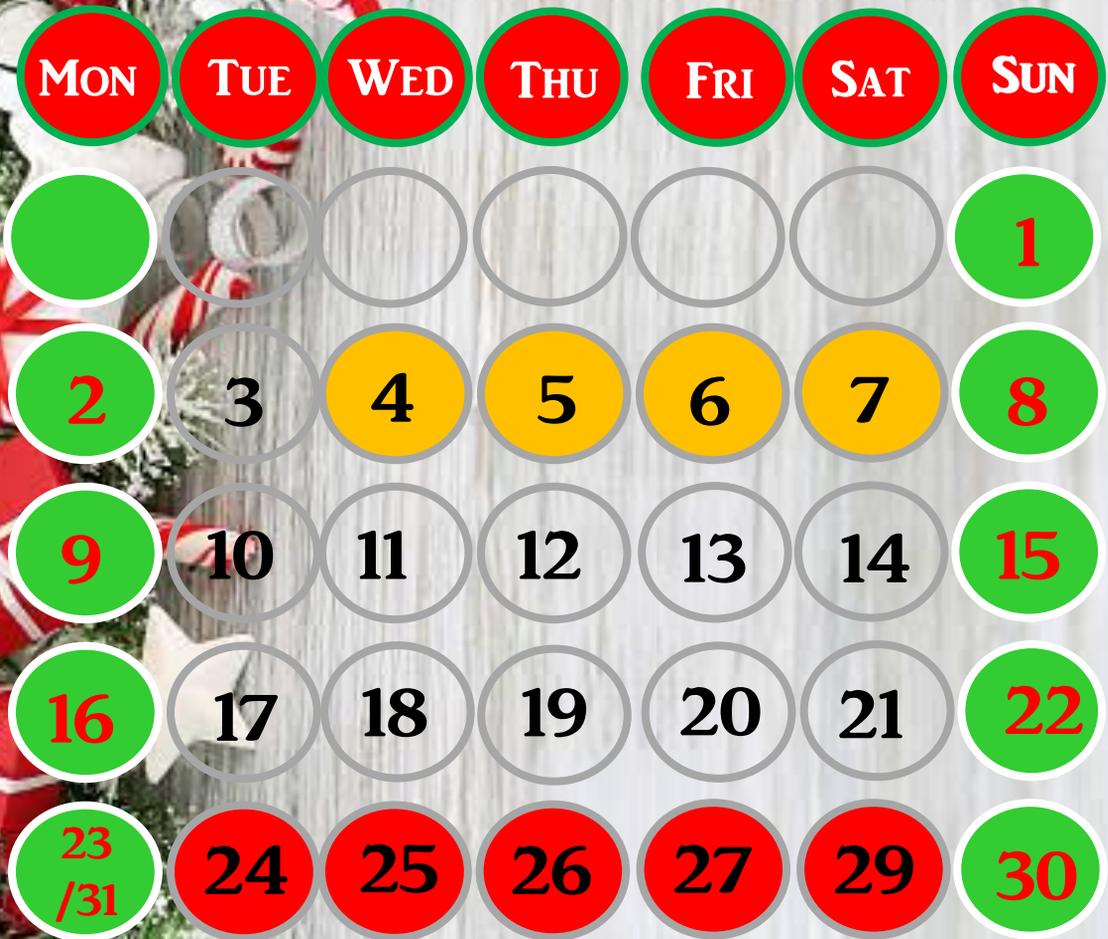
One of the activity in Heguru is physical exercise. It is done outside the class. The students are asked to go outside the class and do exercise for about 3-5 minutes before they go back to the class to do other activities.

It is believed that exercise Help keep your thinking, learning, and judgment skills sharp as you age. Exercise stimulates your body to release proteins and other chemicals that improve the structure and function of your brain.



Calendar of the Month

December



Dates to Remember

4 – 7 December	<i>Santa Claus is coming to Heguru</i>
<i>Every Friday at. 3.00 pm</i>	<i>Brain Tour 101 “Introduction of Heguru Program”</i>
<i>Every Saturday at. 4.30 pm</i>	<i>Brain Tour 101 “Introduction of Heguru Program”</i>
<i>24 December 2019 – 4 January 2020</i>	<i>Christmas Holiday</i>

Attachment

*All of
Heguru Management and Staff
wish you...*



**A VERY MERRY
CHRISTMAS
and Happy New Year!**

