Heguru Academy Rukan Sentra Niaga Puri Indah Blok T6 No.29. Jakarta Barat Indonesia Telp.021.5830 2022

Hp.0878 7608 6500

Email: info@heguruacademy.com



Newsletter

www·heguruacademy·com



August 2019

Dear Parents,

Greetings to you all.

August is another busy month, and we will continue to build what is considered important for our students' knowledge. Let's continue to work together to create a safe and supportive environment in which all students can pursue great learning experiences and fulfill their unique potentials.

To equip parents with deeper understanding of Heguru method, there will be an upcoming seminar Brain Tour 102. Please approach Heguru staff for more details.

I am looking forward to another fruitful month for our students. Our staff is eager to work closely with you as partners in your children's growth and development, so please feel free to approach your child's teacher to see how things are progressing.

Last but not least, thank you for entrusting us with your precious children who make HEGURU such a wonderful place to be at every day!

Warmest Regards,

Mr. Suryanto Lim



Heguru Academy Newsletter 9ssue 24/ August 2019

Articles

What Your Kids Will Always Remember About You



https://thenewageparents.com/what-your-kids-will-always-remember-about-you/

Some of us are blessed with a photographic memory about the people and places and events we've experienced through the course of our lives. I have friends who can remember incidences all the way back to when they were two years old!

As for me, I can barely remember the names of their primary school classmates or how they learnt to ride a bicycle.

But there are certain memories that stick for even the most forgetful ones among us.

Childhood memories that are etched so distinctly into our hearts that we remember them for years and years afterward, and possibly for all our lives.

These things tend to stick with most kids as they grow up, so it's worth considering what memories your kids will have of you.

1 Your family traditions & routines

They might not remember that you got them that expensive Ninjago Lego set for Christmas that year, but they will remember the thrill of going Christmas shopping together as famaily, and the excitement of opening presents on Christmas morning.



Heguru AcademyNewsletter Issue 24| August 2019

Articles

And they probably hate waking up early on school days now, but that morning routine of waking up at the crack of dawn, waiting for the school bus with you at the void deck or sitting half asleep in your car on the drive over – these moments will probably become fond memories for them years later when they look back on their childhood.

#2 Your holiday experiences

Irregardless of whether you've jet-setted with your family halfway around the world, or if the only chop on your passport is from Malaysia, what sticks with most children is not the details of the trip itinerary itself, but that excitement of packing for a trip, taking an airplane, bouncing on a hotel bed, trying new things, and just experiencing the euphoria of being "on holiday" with you.

#3 Your personal time

I'm all of 36 years old now, but I still remember shopping dates with my mum, and the times when my dad insisted on driving me all the way to work, just so he could catch up on my life in the car.

This is especially true if you have more than one child. Those times you set aside to spend one-on-one time with your child are going to be precious memories for keeps in years to come. To you, it may just be another activity on your agenda, but to your children, it's a time when Daddy or Mummy has specially set aside time to spend with them, and it means the world to them to know that you love them so.

So put aside your electronic devices and find time to be completely present in your children's lives. Choose to give them your undivided attention so that they know, without a doubt, that you care, and that you love them enough to make them a priority.

#4 The moments when you were missing

No parent can be around their child 24/7, and there are going to be those times in your children's life when they needed you but you weren't there.

While these moments will probably become lasting memories for your children, it is a fact of life that they will need to accept over time – that no one can be there for another person all of the time.

And perhaps, those will also be the times when they will discover something new about themselves – their ability to be independent, to problem solve a tricky situation, to stay resilient in the face of difficulty – so in that sense, these memories can become positive ones for them Λ in the end.



Heguru AcademyNewsletter 9ssue 24/ August 2019

Articles

#5 Your words of affirmation and critique

Here's a quote from Mother Theresa, "Kind words can be short and easy to speak, but their echoes are truly endless."

Indeed your words to your children – about your children – have the incredible power to affirm and build up, or to hurt and tear down. Those phrases that you repeat often, like <u>"I love you" and "You can do it"</u> are not wasted breath, even though you sometimes feel that they fall on deaf ears. They are the very foundation of your children's self-worth and esteem, and the core of how they start to think about themselves.

#6 Your response to stress

How do you react to stressful situations or negative events?

Your children are watching and learning, and also likely remembering these things. When tough situations or unforeseen circumstances happen, they'll remember the way you responded to people with grace and patience (or harshly and impatiently), and how you made them feel safe and protected (or helpless and lost).

When you're feeling frustrated and overwhelmed, remember that your children are still watching how you act under pressure. That said, give yourself the grace to have an occasional meltdown or crack under the pressure, but remember to debrief with your children after the incident, to explain why you reacted that way, and to apologise as appropriate for not responding as you could have.

#7 Your relationship with your spouse

One of the greatest gifts and lifelong memories you can give your children is that of a happy marriage. Kids that grow up in a loving family will form stronger attachments with both parents, which in turn empowers them with the confidence to take steps of faith on their own outside of the family – because they always have a place to belong and feel safe in.

Children cannot survive and flourish in a war zone between parents who are constantly at odds. Of course, no marriage is without its differences and difficulties. Your children will see your love and care for each other in the nitty-gritty of everyday life, as well as in the big gestures, in how you fight and disagree, and how you make up and reconcile.

And in the light of those memories, they will likely form their own views on marriage and relationships and love and family, as they grow up into adulthood.

Issue 24 August 2019 Heguru Academy Newsletter



The 78th Seminar on the 9th of June 2019.

We teach you to use the brain power in a bigger and right direction.



咨离会演整会とは、1カ月 に10,000費の本を複動流 みで読載した生徒が、右 膜の能力の使い方を学 び、自己コントロール出 来るようにするための節 目の講座です

パラパラとめくるだけで 本が読める。1カ月に 10,000番もの本を読むこ

とができる、ということが目的なのではなく、人間が本来持っている他

力を最大限に引き向す手役として活用しないます。 調整会には1と1があり、その両方に参加することで、正式に岩高会生 としての本格的なトレーニングを開始していくことができるようにな ります。自己の能力開発に真剣に向き合っている子どもたちの表情が印 象的でした。演整会を終えた生徒は、成長の手店えと右脳を早く使いた いというワクワクした表情をしていました。

中国時行のな、記憶階級の問題や論談文ないのイメージを必要をする 問題は使えていたかいです。今まではあまり集中のヤラなかったけれ、今日のトレーニングでもの何値も集中できななと思いました。(小さ女子)

人の無限のから引き出すヘーブルの治域開発のはようも高い深く、条知の世界があるよれななと思いました。めつ部からのトレーニングで、このから 引き出すことができる。このかりの無理の可能性のある場でトレーニングで さる数の子に変せれても思いました。これからも親子共の精健していきた いな思います。(小は男子のお母権)

春葉金の目的では、人間が本高持っているかで最大限期花させ、人間 の使命を全うすること、ヘーグルで学っせい、12思う一番の理由であることを表確認できました。使命にお人!人理うものです。人と此って集ること なく子にもの自分自身で使命を見つけることができるもの時を見守ってきた いって、(小+男子のお母性)

色々なかかっくのか発しみです。私には未知の世界のように見えますが、 子からを見ているとこのようないです。数のい本当にあるんだと言葉できます。これからもしっかりとサポートしているたいできんしゃまたと母性)



岩萬会セミナーは超本 格的な潜在能力開発の 実践トレーニングの暑 となっており、1カ月に 10,000計の被動読みを し、調整会1及び目にて ベースを築いている生 徒のみ塞加ができる特 別な場となっています。 参加者には、まだ岩萬会 生になったばかりの準 会員の生徒、舞覧やス

ボーツなどで力を発揮している正会員の生徒、そして更にその上のス アージにいる特別会員の生徒達がいます。右脳が脚発された生徒のみが 集う場となり、日常の雰囲気とはまるで別次元の中でのトレー 終え、生徒たちは自分の中に載っている新たな可能性と、新しく学んだ 能力の使い方に、とても充実した表情で「はやくこの能力を使いたい!!

成長する子ども 1110 湿しさと、酢在能力の凄さを肌で感じることが出来 ました。これか ○ の中を担っていく子ども達の真の能力開発の場がこ こにあると実感 ました。彼らの今後の成長がとても楽しみです。

・ そ無会セミナーに象加された方の感想文

◆回の参照会では、音分の情命について考えることができました。他の 使命は、出版社の科学、教育などを数率する金社を作ることです。そして教育の重かは科学などを協力することが、子がもれずによりまい教育の 暖かできるのではないかと考えました。今回の参属会で得たので、それに 一歩版でけたお思います。(中1男子)

もの情報は、人の優に立ってもかと思いました。もは世界を魅了する女 優になりたいので、中国の情報は自分の表と会うものだなと思いました。 予日は春駅できないけいニュングのできた。春分あいべたので上かられある 感じました。ありのなうございました。(小3全子)



Heguru Academy Newsletter 9ssuc 24| August 2019



Ethan Alvaro Tan

Age: 2.8 years old

Join Heguru since 6 July 2017

Parents' Name: Ms. Silvya & Mr. Hendarto

Heguru family

Ethan has been joined Heguru for about 1 year now. At first, we decided to join Heguru, because we saw our nephew has so many improvement in education since joined at Heguru.

Since Ethan's first class, he speaks better than before. He has more courage to speak as well as he has more vocabulary. His memory is become more stronger now as he can remember things, although he already did with that a few days before.

We really love to learn in Heguru. We have such a good feeling and connection with this school and the teachers $\hat{\mathbf{A}}$ also.

Heguru Academy Newsletter 9.019





Conrad Hartaja

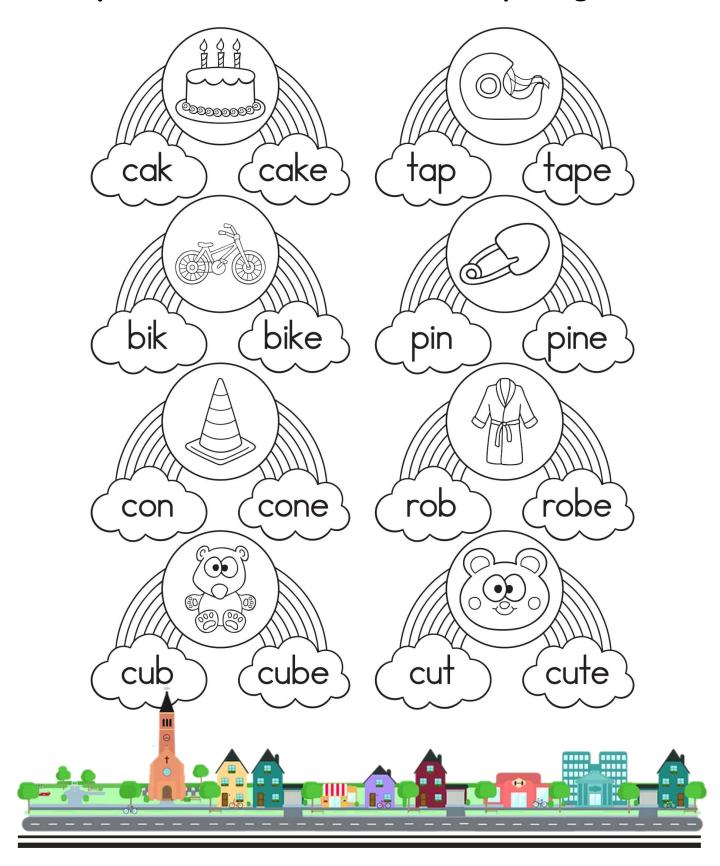
Jonathan W.

Sebastian Simon

Heguru Academy Newsletter 9ssue 24 August 2019

Activities Page

What is the correct spelling for each picture? Color the correct spelling?



Heguru AcademyNewsletter 9.ssuc 24| August 2019

Materials Knowledge

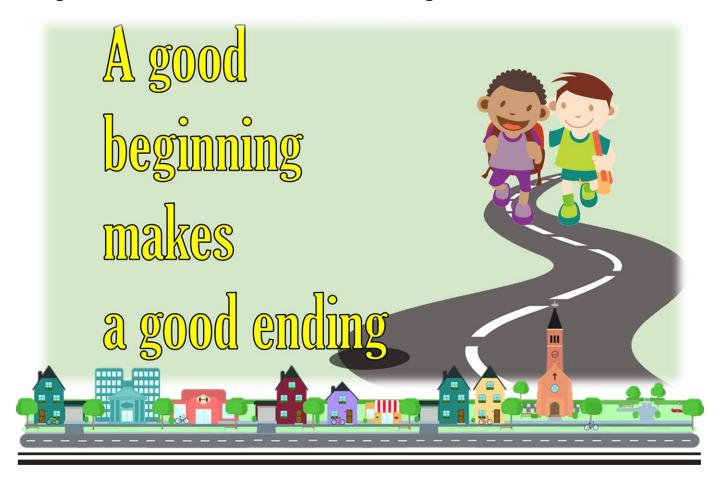
PROVERBS

Heguru believes on growth the heart as a fundamental to reach a level of genius. By nurture the heart it easier to develop the whole brain. Based on this idea we would like to always implant moral values into our children's life.

Proverbs is one of our activities in the class which aim to grow children's heart. It is not only a wise saying, but it also bears a hidden message which produce righteousness, motivation, and knowledge to build wisdom in a person. So, is wisdom important nowadays?

A good furniture maker put wisdom in his craftsmanship; a good musician put wisdom in making music; and parents put wisdom in guiding their children.

Overall, proverbs teach us how to live skillfully and how to build a life that is attractive, fitting and beautiful. Let's find simple proverbs, read it together with our children and tell the message behind it.



Curriculum

August Journey

LITERACY

- Finding letter I and J in your daily life
- Mention words start with letter I and J
- Tracing letter I and J

KNOWLEDGE

- Learn about animal sound
- Learn Chinese zodiac
- Learn the color of traffic light

NUMERACY

- Let's measure your hand length
- Counting with coins (5 coins of 100 rupiah)

- Understanding more and less
- Showing 1 10 (quantity)

MOTOR SKILLS

- Folding origami paper to make diagonal line
- Feeling diagonal line with index

MEMORY

- ESP games (telepathy) sending signal
- Memorizing 2 digits number (number memory)

Year Old

LITERACY

- Finding letter I and J in your daily life
- Mention words start with letter I and J
- Tracing letter I and J
- Writing fours letters word
- Speed writing (write your name, do it less than 1 minute)
- Reading three syllable words

KNOWLEDGE

- Learn about animal sound
- Learn Chinese zodiac
- Mention 10 vegetables
- Mention 10 pets

NUMERACY

Let's measure your hand length

- Counting with coins (10 coins of 200 rupiah)
- Understanding more and less, big and small, short and tall
- Counting 1-10
- Counting 1-10 reverse

MOTOR SKILLS

- Folding origami paper to make diagonal line
- Feeling diagonal line with index finger

MEMORY

- ESP games (telepathy) sending signal
- Memorizing 3 digits number (number memory)

Year Old

LITERACY

- Guessing letter (cover half of the letter)
- Writing four letters word
- Spell your name
- Reading two syllable words
- Write words that start with letter F

KNOWLEDGE

- Learn the magnetic tools
- Learn about animal sound
- Learn Chinese
 - zodiac Mention 10 vegetables
- Mention 10 pets

- Counting with coins (10 coins of 500 rupiah)
- Count 1-20 by 5
- Count 1-20 reverse
- Playing how many (1-5)

MOTOR SKILLS

- Folding origami paper to make diagonal line
- Feeling diagonal line with index finger
- Folding origami and make rectangle, and fold one more time to make square

MEMORY

- ESP games (telepathy) sending signal
- Memorizing 7 digits number (number memory)



Year Old

Heguru Academy Newsletter Issue 24/ August 2019

Calendar of the Month

AUGUST

Mon Tue	Wed	Thu	Fri	Sat	Sun
		1	2	3	4
5 6	7	8	9	10	11
12 13	14	15	16	17	18
19 20	21 (22	23	24	25
26 27	28	29	30	31	

Dates to Remember			
17 August	Indonesia Independence Day		
21 August	Brain Tour 102 – Understanding Deeper of Heguru Program		
24 August	Brain Tour 102 – Understanding Deeper of Heguru Program		
Every Friday at. 3.00 pm	Brain Tour 101 - Introduction of Heguru Program		
Every Saturday at. 4.30 pm	Brain Tour 101 - Introduction of Heguru Program		

Heguru Academy Newsletter Issue 24/ August 2019



HEGURU 4th ANNIVERSARY CELEBRATION

We had such a wonderful day celebrated our anniversary month.

1st week, we had anniversary celebration. 2nd week, we had coloring competition. 3rd week, we had book bazaar. And the 4th week, we had fashion show competition.



Heguru Academy Newsletter Issue 24 August 2019



HEGURU 4th ANNIVERSARY CELEBRATION













Heguru Academy Newsletter Issue 24 August 2019



HEGURU 4th ANNIVERSARY CELEBRATION







