

## Unleash The **Genius** In Your Child



## August 2018

*Dear Parents,*

August greetings to all of you! It is very difficult to believe that school year 2017/2018 has passed and we are ready to start new term 2018/2019. Hopefully, you are ready for a productive year as part of our Heguru Family.

I would like to take this opportunity to extend a special welcome to the new students joining our school. We hope you can learn and grow together with us.

Also, we welcome our new staff member, Ms. Maria. She will be helping the school in students admission (replacing Ms. Inova), so if you have any enquiries about scheduling, enrollment or anything pertaining the school please feel free to ask Ms. Maria.

As always, I hope for a fruitful new school year for our students, parents and staff.

Warmest Regards,

*Mr.Suryanto Lim*



Announcement

# INDONESIA 73<sup>RD</sup> INDEPENDENCE DAY

GET DISC.

# 70%

PAY ONLY **3**00.000 IDR

FOR REGISTRATION FEE\*

\*TERMS AND CONDITIONS APPLY



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## Articles

# 6 Great Bonding Activities To Build Sibling Relationships

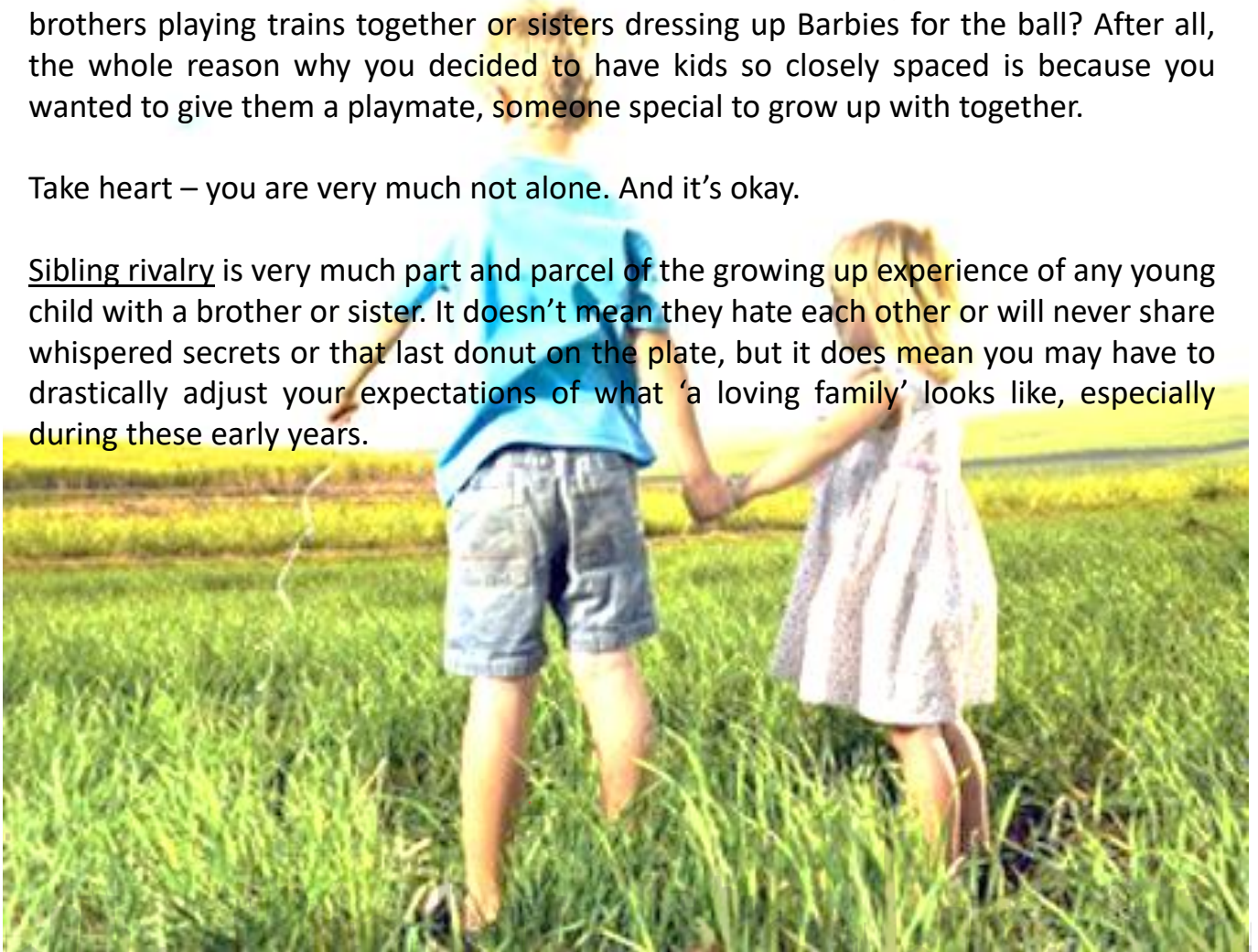
As a parent of two or more young children, you constantly clean up after, scold, praise or bathe one or the other. Some days, the never-ending running around after them can drive you up the wall! What's more, dealing with the almost moment-by-moment squabbles and tussles can be physically exhausting and emotionally draining as well.

"Why can't you be nice to your sister?" you yell. Or "Don't you let me see you hit your brother like that again!" And the ultimate "You don't want to share? Fine. No one gets to play. Go to your rooms NOW." (Cue loud wails and screams of "It's not fair!")

You ask yourself "What did I do wrong??" Where is the magazine-worthy scene of brothers playing trains together or sisters dressing up Barbies for the ball? After all, the whole reason why you decided to have kids so closely spaced is because you wanted to give them a playmate, someone special to grow up with together.

Take heart – you are very much not alone. And it's okay.

Sibling rivalry is very much part and parcel of the growing up experience of any young child with a brother or sister. It doesn't mean they hate each other or will never share whispered secrets or that last donut on the plate, but it does mean you may have to drastically adjust your expectations of what 'a loving family' looks like, especially during these early years.







## Articles

What's key is creating an environment that encourages your young ones to play together without fighting tooth-and-nail over every little thing. Seek ways to nurture their skills in problem-solving, so that they don't have to run to you for every dispute. For example, teach them how to ask for permission if they want to play with the same toy, and what it means to take turns. Simply enforcing a "Just share!" rarely improves the situation, especially in the long term. One of the best ways to encourage your children to play together is to assign them a task to complete side by side, so they have a common goal to work towards.

Here are some suggestions for activities that can be conducive for building bonds between your children:

### 1. Sensory Play

Any type of play that stimulates the senses of touch, smell, taste, sight and hearing, will likely engage your young children. Seasonal and themed sensory bins are a great way to occupy your children for longer periods of time and promote their collaborative efforts. Simple art-and-craft activities (eg. play dough) or music sessions (eg. shaking various noisemakers to the tunes of their favorite songs) are also great ways to encourage your children to have fun together.

### 2. Role Play

Young children, especially toddlers, love to play dress-up! Role-playing is a great way to engage your children's creativity and imagination, and allows them to experiment with and develop their own fantasy worlds. And since you can't role-play by yourself (Doctor needs a patient, teacher needs a student, etc), your children will learn to cooperate and communicate such that the world that is 'created' is one that both enjoy.

### 3. Cooking & Cleaning

Who doesn't like being "a big help to mummy"? Include your children in handling various chores around the house. Little hands can peg up towels, wipe dishes, pick up toys and books, and magic mop the floor. They can also help you in the kitchen – whisking, stirring, counting out spoons and forks, passing you ingredients, etc. It's good training for young ones, we tend to spoil and molly-coddle them too much most of the time anyway. Best of all, when they are working on helping you together, they are not working against each other anymore.



## Articles

### 4. Gardening

Give kids a project they can call their own. And besides, most kids love dirt and watching ants scurry about. A garden plot – whether it's a proper outside lawn or a row of indoor plant pots – offers them a new happy place to just sit and watch and poke around. Include your kids in fertilizing the soil, planting seeds, watering the ground, picking the weeds, and tracking the growth of any produce! You can even get them to keep a log book and draw what they see is happening on and around the plant(s) from day to day.

### 5. Have daily reading time

Set aside a pocket of time for reading time where your elder toddler can practice reading to your younger child. You'd be surprised how much he might enjoy having such a captive audience. And then, you read to your older toddler while your younger child flips through picture books. Everyone gets their 'fix' and your firstborn learns that he can put his newfound skills to good use!

### 6. Organize a game

Think of a game that offers your children of varying ages some challenge, but gives them a common goal to work towards, and doesn't have an obvious winner or loser. For example, arrange a treasure hunt for items around the house, or create an obstacle course for one child to lead the other, blindfolded, through. Explain the rules clearly to them, encouraging them to work together to reach their objective. Avoid asking your elder one to show the younger one what to do, so you maintain as level a playing field as possible. Of course, you'll need to supervise the game to make sure all children are actively taking part. Praise them at every turn, and enjoy the moment!

Source: <https://thenewageparents.com/6-effective-activities-to-build-sibling-bonds/>



## Testimony



# Heguru® family *Dann River Anderson*

Age: 4.7 years old

Join Heguru since 22 August 2015

Parents' Name : Ms. Fransiska Devi & Mr. Andre Hamdani

Dann has joined Heguru for about 3 years. At first, joining Heguru surprises us because of its very fast-paced method, but amazingly Dann can follow and yet enjoy the class.

What impresses me as parents is when I saw him writing his name on his own for the very first time. This is amazing because I never taught him to do that.

Now, Dann has a very wide range of vocabularies in English and Bahasa. Another amazing thing that we notice is his strong memory power as he can remember all the things that he has learned before.

Coming and learning at Heguru has always been a joy and happiness in the past 3 years for Dann.

We hope Heguru to keep on growing so that more children can join and experience the benefits of this brain stimulation.

**Birthdays of the Month**



**HAPPY**

**BIRTHDAY**

**TO YOU**

**Michael Kurniawan**  
**14 Aug 2015**

**Liam Aspen**  
**1 Aug 2016**

**Lionel Jonathan**  
**8 Aug 2012**

**Alessa Joanne**  
**18 Aug 2017**

**Caitlin Abigail**  
**3 Aug 2013**

**Sebastian Simon**  
**27 Aug 2017**

**Conrad Hartaja**  
**31 Aug 2017**

**Sharon Araya**  
**8 Aug 2017**

**Reinhart Orlando**  
**28 Aug 2015**

**Jonathan Wawolumaya**  
**31 Aug 2015**





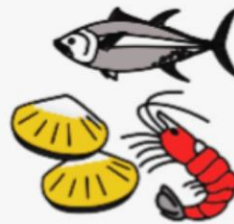
# Activities Page



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ほんや

Bookshop

さかなや

Fishmonger's

やおや

Grocery store

おもちゃや

Toy store







## Curriculum

# August Journey

### LITERACY

- Learn about manner and greetings
- Recognize main characters of a story
- Name household tools
- Write your own name

### KNOWLEDGE

- Pass the straw to develop hand skill
- Peel and paste stickers

- Using clay to stimulate the fingertips
- Draw a line

### NUMERACY

- Learn differences 1 and 2
- Count the numbers 1 and 2 with quantity
- Distinguish 1,2,3
- Pull the strings and count from 1 to 10

0  
to  
1

Year Old

2  
to  
3

Years Old

### LITERACY

- Name the action
- Find and point at the letters
- say and recognize the opposite words
- Write your own name

### KNOWLEDGE

- Stacking 2-3 colors
- Recognize the name of vegetables

- Name the body parts
- Find the animals

### NUMERACY

- Count and find the same number
- Learn addition by answer random questions
- Make a clock and learn about time
- Ordering and sort the number from 1-10

### LITERACY

- The usage of yesterday, today and tomorrow
- Read words in opposite way
- Learn antonym
- Write your name and friend's name

### KNOWLEDGE

- Stacking up to 4 colors.
- Learn about following rules

- Learn to develop hands by stacking
- Practice how to undo the knot

### NUMERACY

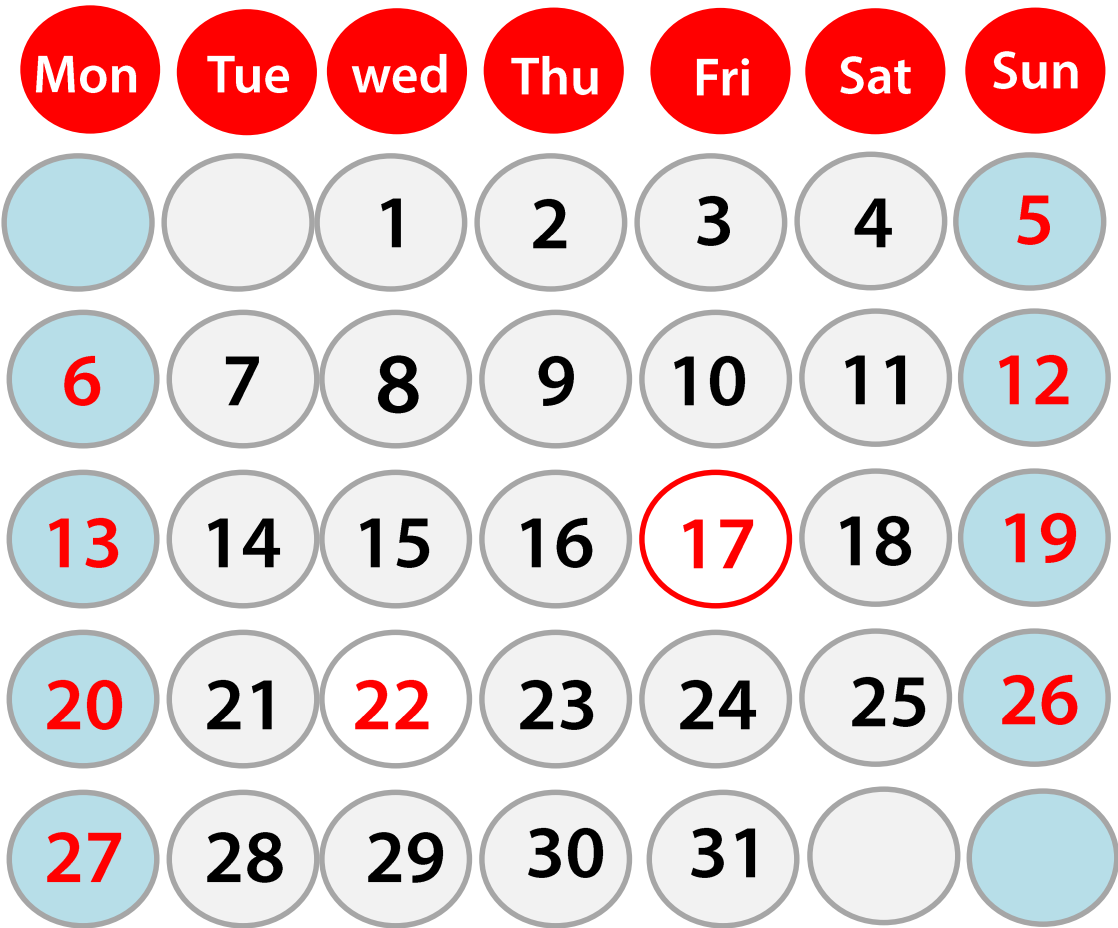
- Fill up the missing numbers
- Understand the activities that we do in specific period of time.
- Count complement using marbles.
- Count the amount of plants and living things in 1 picture.

4  
to  
6

Years Old

Calendar of the Month

August



Dates to Remember

8-11 August 2018	Graduation Day
17 August 2018	Independence Day
22 August 2018	Eid al-Adha (1439 H)
Every Wednesday at. 10.00 am	Brain tour
Every Saturday at. 4.30 pm	Brain tour